



Bulletin 1

DM MIDDLE

Saturday, august 31st, 2019.

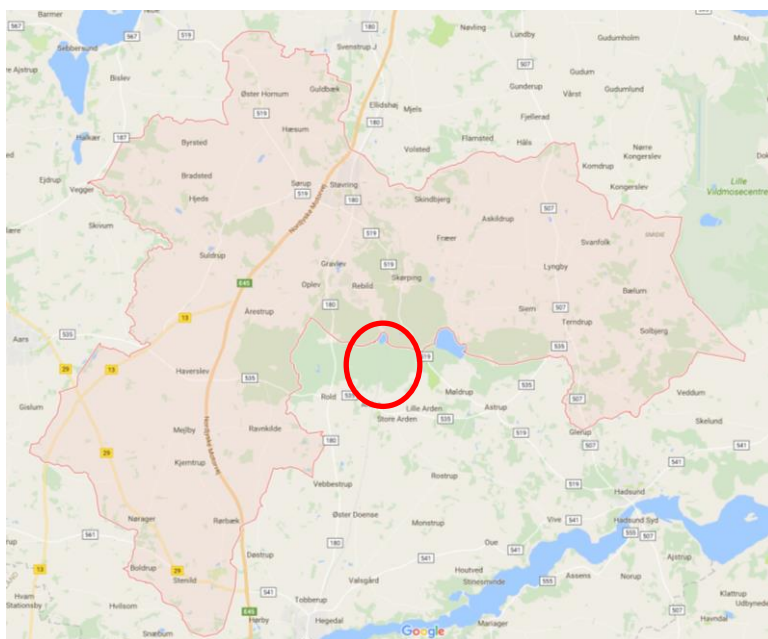


Host-club Rold Skov OK in corporation with Rebild Municipality.

Classification DM Middle, 4 star A-event and IOF World Ranking Event.
DM Middle is also part of the Danish Ranking: Trimtex Cup and Løberen League.

Date and time Saturday august 31st, 2019, event center opens at 10.00.

Region



Climate Weather forecast is shown on DMI website <http://www.dmi.dk>

Embargoed area No access to the competition is allowed, but according to present rules, traffic through the competition area is allowed on public roads.
Fair play is expected.

A description of the embargoed area can be found on event website:
<http://www.DM2019.RSOK.dk/index.php?page=skovlukning.php>.

Eventcenter There will be road signs from road 535 between Rold and Arden.
56°46'25"N 9°50'20"E / 56.773611, 9.838889

Map Rold Skov Hesselholt, 2019.
Scale: 1:10.000.
Contour interval: 2.5 m. The map drawn with COWI contours and Map Magic. A DOF map consultant is appointed and a DOF quality mark expected before the competition.
Mapsize A4 og A3. Maps printet by offset.

Terrain description Rold Skov Hesselholt is a classic old forest mostly covered by old fir and beech.

Some dense areas mainly consisting of fir. Large and minor moor areas, which is open and runnable. Generally good visibility overall in the forest.

Due to the time of the competition some undergrowth may be expected. The contours are moderate with some areas more detailed. Rold Skov Hesselholt is quite unknown to orienteers, since no major competition has taken place in the area for more than 30 years.

Classes

WRE classes:

Class	Difficulty	Expt.time	Class	Difficulty	Expt.time
W21	Hard	30-35 min	M21	Hard	30-35 min

Time keeping system

Time-system EMIT is in use. It is possible to rent an EMIT unit. If no EMIT unit number informed at entry, is perceived as a wish to rent. If you lose the rented EMIT-unit, the fee is 65€.

Seeding, maximum number of competitors

There will be seeding in W/M21 according to rules in DOF ruleset. There are no plans concerning maximum number of competitors, unless competition fairness demands it. Runners affected by this will be informed.

Vacant position

There will not be vacant start-spots, instead use the open course option.

Quarantine zone

None.

Start

Route to start from competition area will be marked.
First start at 12:00.
Individual start with fixed interval.

Call in 4 min before start.

Box 1: EMIT unit and back-up is handed out

Box 2: Control description is handed out.

Box 3: Start time is checked, and there will be a map sample present

Box 4: Map is taken in the moment of start.

Foreign runners in H/D21 will be placed on the start list according to their place on the WRE-ranking, on equal terms with the Danish runners, however they can't win the Danish Championship medals.

Distances

Distance from parking to event center, 200-500 meters, follow marked route.

Open Course

3 open courses are available:

- Easy
- Medium difficulty
- Hard short distance

Children's Course

Children's course is available, free of charge. There will be a small prize for all participating children, no entry beforehand required.

Accommodation

Event organizers do not offer any form of accommodation, however we refer to the local options, some of which is listed on the website: www.DM2019.RSOK.dk

Training opportunities

If runners wish to train on maps before the competition, the local club (Rold Skov OK) can be contacted:

Person of contact: Helge Sjøgaard mail hanebuen23@gmail.com

Toilet and bath

At the event center there will be portable toilets. No bath facilities provided.

Entry

Runners in W/M21 have to enter through [IOF Eventor](#).

Ordinary entry: August 16th, 2019 at 24:00.

Late-entry until: August 27th, 2019 at 13:00.

Requests for early/late start will not be met for the sake of fairness in the competition. Start lists are drawn in accordance with the regulations.

Entry fee

Ordinary entry fee: 24€.

Late-entry fee: 37€.

EMIT unit rental must be informed at entry and the fee is 5€, The fee is paid additional to the entry fee.

Danish clubs pay a collected club fee ordinary entry to RSOK's account in Spar Nord Bank, 9349-1905747335.

Other Danish runners and foreign runners: Pay the fee, at the time of entry to RSOK's account in Spar Nord Bank, 9349-1905747335.

IBANnumber: DK3891271905747335

SWIFT: SPNODK22

Event website

www.DM2019.RSOK.dk

The final bulletin, start lists and results will be posted at the website.

There will also be a map showing embargoed areas and local options of accommodation.

Event-organisation

Event Directors: Helge Sjøgaard and Otto Møller, Rold Skov OK.

E-mail: hanebuen23@gmail.com

Tlf.: +45 4061 5761

Event Adviser: Kell Sønnichsen, OK PAN

Course planner: Jan Scheel, Rold Skov OK

Course control: Nicolai Zaar Nielsen, Mariager Fjord OK



**Dansk
Orienterings-Forbund**

TRIMTEX

LØBEREN